



HENSMAN HERALD



Official Newsletter of Hensman Park Tennis Club (Inc.)

APRIL 1986

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SHIELD MATCH SUCCESS AT LAST

Our Men's State Grade did the Club proud when they won the coveted premier team event for the first time in twenty eight years. A large crowd of club supporters were enthralled throughout the afternoon at Kings Park as our team showed tons of courage and character to beat off the challenge from Higgins Park. **Rob Murton** won the first set against highly fancied **Tony Luttrell** but was unable to sustain his form in the third set. **Barry Tognolini** showed great touch and patience in disposing of **Reg Luttrell** in straight sets — but not before surviving a bundle of set points in a tie-breaker. **Colin Napier** had that extra bit of maturity to come back from a shaky start and win his single, whilst **Phil Searle** had everyone chewing their fingernails after his 6-1 loss of the first set. That he was able to regroup himself and eventually win that match was a great credit to him and was undoubtedly the turning point in the overall match. The doubles were halved and we won 4 rubbers to 2.

The Saturday Division 3 team led by **Geoff Thomas** and comprising **Alan Andersson**, **Graeme McEwen** and **Geoff Chisholm** with mid-season assistance from **Graeme Rundle** and **Alan Stewart**, were surprise winners of a shield — after finishing fourth at the end of the minor round they played great tennis in both finals and surprised their opponents. Our top Sunday Division team comprising **Grant Mitton**, **Graham Walker**, **Brad Ker**, **Ian Rundle**, **Anthony Hall**, **Brett Chisholm**, were successful after a very tight game against Scarborough, while the Sunday Division 7 team of **Garry Napier**, **Les Meyers**, **Darryl Schroeter**, **Don Patterson**, **Alister Boyes**, went through the year undefeated, the only match they looked like losing was the grand final! Our Men's Veterans team of **Doug Napier**, **Dene Rundle**, **Noel Pearse**, **Cec Gardiner** and **John Ince** finally won their shield after many years of near misses.

The Club's performance in winning five Shields is an excellent one — W.A.L.T.A. President **Harry Spilsbury** made the presentations at the Club Dinner recently.

KEMPE HUTCHISON
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PRESIDENT'S MESSAGE

The summer tennis season is about complete and winter sports are claiming a number of our members. The past year has been extremely successful. Our membership has increased and our courts in top condition this year were filled on both Saturdays and Sundays. The Twilight evenings, Barbecues, Champagne breakfasts, Quiz Night and our Celebration Dinner were highlights. The Kempe Hutchison Round Robin invitation day was a great success. The Club Championships and Handicaps were well supported by members and our Provisional Junior Club is growing in strength and no wonder with social events of picnics and a Junior twilight with a sheep on the spit. Our Shield Match players managed to bring home the coveted State Grade and four other Shields. Following the renovations, members have been provided with a first-class Clubhouse and by next season we should have five artificial grass courts and tennis for seven days a week.

Hensman is a strong and progressive Club. Let us all work together to keep it that way.

A gambler's seven-year-old son, asked to count in kindergarten, came up with, "1,2,3,4,5,6,7,8,9,10;jack,queen,king".



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KEMPE HUTCHISON ROUND ROBIN

The final major event of the tennis calendar was held on Sunday, 13th April at the Club. A full complement of 128 players again took part, and we were unable to accommodate extra entries once this maximum had been reached. Not even a heavy shower of rain during the lunch break could put a dampener on this day or on the spirits of those attending. The afternoon sets were reduced in length to enable us to finish on time and the organizers of the day (**Garry and Doug Napier, Paul Whitely, Don Patterson, Ian Hutchison**) are to be congratulated on their cool heads and skill in warding off the rain for the rest of the afternoon. **Robyn Napier** and **Lois Ker** organized lunch for the large crowd and did a great job. **Brad Ker** was at his best in writing up the score boards — these, of course, were the subject of scrutiny during the day! One of the features of the day were the large number of country people and members of other city clubs who joined us for this special event.

Ian Hutchison, representing our sponsors **Kempe Hutchison**, expressed the pleasure of the Company at being involved in this obviously very enjoyable day. He explained that Kempe Hutchison are now a member of the Royal Australia Insurance Group and Royal Australia Finance Company. The effect of this has been to greatly expand the services Kempe Hutchison are able to offer their clients. In addition to the full range of Real Estate and Settlement services they now were in a position to provide full financing and insurance facilities. President Clem was pleased to introduce Managing Director **Chris Wayne** and two of the Company's Directors **Peter Firkins** and **Don Hutchison** to the members at the presentation ceremony.

STOP PRESS

The Board of **Kempe Hutchison** have had a meeting since this event and are delighted to advise they will sponsor our 1987 Round Robin.

MISS TENNIS

This Quest is to be held again this year with the winner's prize being a trip overseas. Negotiations are underway and we are confident Hensman will be very suitably represented once again — your support of our entrant during the coming twelve months will be appreciated.

KEMPE HUTCHISON ROUND ROBIN

Winners for the day were as follows:

TURNBULL

Glynis Mitchell & Erica Smith

SMYLIE

Dot Hickey & Rhonda Perrott

EVERT-LLOYD

C. Veith & Angie Padfield

NAVRATILOVA

Lex Goetze & Betty Hutchinson

McNAMARA

Peter Overheu & Keith Begley

McNAMEE

Tony Plint & Dale Johnston

CASH

Ian Hutchison & Michael McLean

FITZGERALD

David Artingstall & B. Clarke

LIONS

Steve Wilson & Margaret Napier

TIGERS

Randy Raux & Betty Hutchinson

BULLDOGS

M. Lowe & Beth Chrystal

DEMONS

Rob Murton & Glynis Mitchell

ROYALS

Bill & Kay Sandilands

FALCONS

D. Millar & Kerri Hurst

SHARKS

Tim Reynolds & Denise McMahon

SWANS

Earl Willis & Auriol Heary

A Special Team event conducted for the first time this year was won by **Colin Napier** and **Brad Hamburg** and **Karen Bucens** and **Kerryl Chute**.

SOCIAL NEWS

Bob and **Margaret Howman** celebrated their 40th Wedding Anniversary recently, while the **Spicers** and **Hutchisons** chose the Annual Tennis Dinner as the occasion to celebrate theirs. **Colleen** and **Kieran Ryan** are infanticipating making it quite a year in terms of junior development for our Club.

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TRAVELLERS

Joan and Roy Field leave shortly for six months in U.S.A. and Europe, culminating in a cruise down the Rhine. Keith and Jean Haley are off to England and Norway with their Square Dance Club — we all expect some tuition when you return! Noreen and Jan Ince spent a week living it up in Hong Kong — Mark Pritchard has gone to U.S.A. to further his career and Les Meyers and Marion Keily have both enjoyed a holiday in the U.K. President Clem went star gazing on Thunderrara Station recently — he gave more points to the Moon than poor old Halley we understand. Grant Mitton is off hockeying again — this time in Pakistan — he's been selected in the World 11 hockey team. Our congratulations to him.

TOURNAMENTS

The Geraldton Easter tournament saw a group of our top players competing — Glynis Mitchell teamed up with Colin Napier to win the Mixed and with Kerryl Chute to win the Ladies Doubles. Barry Tognolini lost a hard-fought three-set final to Rob Casey. Doug Napier took a set off Casey also.

Corrigin also had its share of Hensman players (staying at the Corrigin Hilton) and Peter Overheu continued on his winning way, taking out the singles title. Peter Rundle, a new country member of our Club, and John Turner were successful in the men's doubles over Alan Andersson and Graeme Rundle. Robin Hickey won the Girl's 17s Consolation event at the recent South of the River tournament at our Club, while Anthony Hall was runner-up in his event in a very high standard final.

GOVERNOR'S TEAM VISITS HENSMAN

The Governor's team visited our Club in early March and a very enjoyable match was held, Hensman running out the winners in the end. The Governor, Professor Gordon Reid, congratulated our Club on its fine tradition and contribution to tennis in this State and expressed the hope that a future visit could be arranged to reverse the result of this year's encounter!

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CONVERSION TO ARTIFICIAL GRASS COURTS

There were 88 members at our Special General Meeting to discuss what to do with the partial grants offered to our Club by the South Perth Council and the Governments Department of Sport and Recreation. A good cross section of opinions were expressed by members and finally a large majority voted to convert courts 13-17 to artificial grass. A five-year Membership Debiture is to be offered to members as a means of financing our one-third contribution to the cost of this project. It is hoped to lay the courts during the winter period.

CELEBRATION DINNER

What must have been a near record crowd enjoyed our final social event of the year at the club on Friday, April 11th. The Social Committee under **John Turner** have done an excellent job this year and this function was a fitting climax to their activities for this season. Our new-look hall was very tastefully decorated with indirect lighting, candles and some beautiful flower arrangements — thanks to the artistic flair of **Lynn Bremner** and **Dot Hickey**.

The Mayor of South Perth, **Mr George Burnett** presented trophies to the various winners of our Club Championships and Handicaps. He took the opportunity of congratulating us on the way we have conducted the Club over the years and he looked forward to seeing the finalisation of the synthetic court project. The five Shields were then presented by the President of the W.A. Lawn Tennis Association, **Mr Harry Spilsbury**, to the members of the winning teams — the captains of whom responded suitably. Mr Spilsbury suggested that as all this year's winners were Men's teams, next year was a challenge to our ladies to equal this feat.

MOST IMPROVED JUNIORS

The winners of the Brian Flynn Memorial Award for the most improved juniors went to **Anthony Hall** and **Catriona Cameron** — congratulations and we look forward to seeing you both representing Hensman for many years to come.

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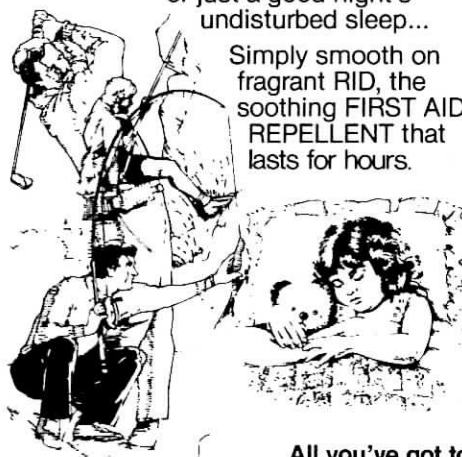
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IAN HUTCHISON PENNANT PLAYER OF THE YEAR AWARD

There was a close contest again this year with many players performing creditably throughout the season. Winners were **Les Meyers** in the Men and **Kelly Bevan** in the Ladies. Thanks to **Garry Napier** who has maintained the records of the individual players throughout the season. This data is of very great assistance to next year's Captains in assessing team selections.

SOUTH OF THE RIVER TOURNAMENT

This event was conducted by our Club again (it is worth mentioning that Hensman inaugurated this event 25 years ago and conducted it for many years before it was shared amongst other Clubs that were South of the River) and it went off very smoothly — player behaviour was good and the standard of tennis was excellent with many youngsters catching the eye of new State Coach **John Fairchild** who called out on several occasions to watch the matches. We are grateful to **McDonalds Family Restaurants** for their sponsorship of this event and it was pleasing to have their **Mr Mike Manika** take part in the presentation of trophies to the winners on the Friday afternoon. The smooth running of the whole week was attributed again to the superb organisational skills of **Margaret Napier**, who had matches scheduled well in advance and the children along with their parents were very appreciative of the way we conducted this tournament. Margaret received help in the Match Box during the week from juniors **Robin Hickey, Karen Rundle** and **David Artingstall**. **Betty Riley** (our latest Miss Maud) had the kitchen well under control and the cooler weather ensured good takings — we hear Betty has seen enough Hot Dogs for a while though! **Bill Artingstall** looked after the grounds and assisted generally throughout, as well as handling the Presentation Ceremony in fine fashion. **Elaine Skipworth** was back wearing her Referee's hat and did her usual excellent job. Thanks are extended to all these members as well as the large number of people who assisted in the kitchen and in other areas during the week of the tournament.

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EDITORIAL

Some years ago the final of our Men's Club Championship singles was the best of five advantage sets, and subsequently this was reduced to the best of three. Overseas tournaments of recent years have converted to best of three tie break sets to fit in with TV commitments and to cater to the wishes of the paying public. **Barry Tognolini** in accepting this year's Club championship trophy said it was a pity there couldn't be two winners in a final as close as the one this year. Somehow a tie-breaker didn't seem a fitting way to finish this year's superb Men's Singles final and consideration should be given to making the third set advantage in future years' finals. We have no commitments for TV or paying public and the extra time involved in playing out an advantage could be comfortably arranged within our club programme.

SIDELINES

From a certain Albany Highway Surgery: "Now Willie" coaxed the mother, "be a good boy and say 'Ah-h-h' so the nasty dentist can get his finger out of your mouth".

An Accountant in the Terrace swallowed his glass eye and rushed to a stomach specialist. The latter peered down the unfortunate fellow's throat and exclaimed: "I've looked into a lot of stomachs in my day, but I must say this is the first one that ever looked back at me".

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ACCOUSTICS!!!!

After the laying of our new courts, the next priority might be the correction of the very poor acoustics we enjoy in our "new-look hall". The only dampener on an otherwise excellent celebration dinner at the club recently was the difficulty of making oneself heard and the accompanying thick head next day from the constant strain of trying to hear other people. An acoustics committee has been appointed and we look forward eagerly to their recommendations so that future club events are not detracted from through this long-standing problem.

Stresspoint

By ALAN HELY BSc, MA(Psych)
Sports Psychologist

Yannick Noah and Henri Leconte allowed a controversial set point to distract them during the final set of the US Open doubles final. What should they have done? — Male touring pro, age 19.



Obviously they should have "got back into the match". However, as we all know, difficult and controversial decisions like the one in question frequently leave us in an agitated state for long periods of time.

Getting back into a match requires the skill of "self-control". This frequently used phrase is also recognised by psychologists as the scientific terminology for mental toughness. Self-control requires "task concentration", "mood control" and rapid adaptation to new situations.

"Task concentration" simply means concentrating on the ball during play. "Mood control" is the ability to recover quickly from an inappropriate emotional state (such as anger) to your normal playing state. Rapid adaptation can be acquired as a skill if you practise dealing with controversial points prior to your competition.

Each of these three sub-skills can be practised to a high degree of perfection. Use the principle of simulation exactly as the astronauts and jet pilots do. Plan as many emergency situations as you can imagine and then design a set of coping responses to deal with them. Practise your copying responses until they are automatic.

Remember the jumbo jet that lost power in all four engines when it flew into a volcanic cloud over Indonesia? The pilot later reported there was "no panic; we have practised that situation many times in the simulator".

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CLUB CHAMPIONSHIPS

The standard of tennis in this year's events was one of the highest on record and the highlight was undoubtedly the Men's Singles final which went to **Barry Tognolini** in a third set tie-breaker. Both players served extremely well and there were numerous great rallies throughout the match. The temperament and sportsmanship displayed by both players was a wonderful example to all our junior members. **Rob Murton** seemed to have the edge throughout the match and it seems a pity in close matches such as this that there has to be a winner. **Colin Napier** gave notice that he is breathing down the necks of our top two players when he lost in three close sets to **Rob Murton** in the semi-final. **Glynis Mitchell** took out the ladies' singles final against **Erica Smith** with a good consistent performance throughout. In the Men's Vets Doubles there was a surprise when **Barry Daniel** and **Alan Stewart** plunged through the time barrier to wear down **Dick Pears** and his younger partner.

CHAMPIONSHIP RESULTS

Mens Singles: B. Tognolini d.
R. Murton 6/4 3/6 7/6

Mens Doubles: B. Tognolini &
C. Napier d. R. Murton &
P. Searle 6/7 6/3 6/4

Ladies Singles: G. Mitchell d.
E. Smith 6/3 7/5

Ladies Doubles: E. Smith &
K. Bucens d. K. Chute &
G. Mitchell 6/2 6/4

CLUB CHAMPIONSHIPS

Mixed Doubles: G. Mitchell &
C. Napier d. G. Thomas &
K. Bevan 6/3 6/3

Mens O/40: A. Stewart & B.
Daniel

Ladies O/40: J. Campbell & K.
Chute

Boys U/19: A. Hall

Girls U/19: D. Stronach

Boys U/16: A. Hall

Boys U/16 Doubles: J. Maitland
& C. Watson

Boys U/14: J. Maitland

Mens Feed-In: D. Napier

Ladies Feed-In: D. Stronach

HANDICAPS

Mens Singles: D. Artingstall

Mens Doubles: M. & A. Hall

Ladies Singles: D. Stronach

Ladies Doubles: G. Thomas & J.
Field

Mixed Doubles: G. Thomas & R.
Skipworth

Boys U/16: C. Watson

Girls U/16: D. Artingstall

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